Oxford Physicist Contacted By Arcturians! Something BIG Is Approaching

Dr. David Clements, Jannecke Øinæs

Oxford Physicist Contacted By Arcturians! Something BIG Is Approaching Earth-Dr. David Clements

https://www.youtube.com/watch?v=xcw3RHGBSDs 80m 4-5-2026

Wisdom From North by Jannecke Øinæs

In this episode we meet David Clements, a former theoretical physicist with degrees from Oxford and Cambridge who now bridges science and spirituality in a powerful way. We explore humanity's role in a planetary ascension process, why advanced civilizations like the Pleiadians and Arcturians are watching Earth, and how our hidden human potential is far greater than we've been taught. David shares profound insights into higher self connection, heart-centered consciousness, and the real meaning of dimensions as frequency-based perception. We also dive into Inner Earth beings, remote perception, and why global chaos may actually be part of a massive energetic clearing. Most importantly, David explains how you can accelerate your own awakening by working with your higher self and shifting from reaction to conscious response. Please enjoy our episode with David

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DAVID: The teams have said a number of times that we have front-row seat tickets to the greatest event that's taken place on planet Earth. A planetary ascension process with the Earth like this has never taken place before. This is not just, oh yes, this is just a little lifetime.
I had experiences with these beings, the Arcturians, the Pleiadians and other beings as well. There's huge numbers of beings who are watching Project Earth right now because of the impact that it's having, it's massive. And then also there's the Inner Earth beings and I've had some pretty cool experiences with them as well.
JAN: Why is Earth so interesting for all these other civilizations?

DAVID: Yes, there are many reasons when people get used to the idea of thinking, oh, human life is just the nine to five job getting of the day. Yes, you get a weekend to have a bit of rest in relaxation. This whole routine of human existence is kind of going to be really just washed to the side when people realize the extraordinary nature of what they really are underneath the hood, so to speak.
I know a lot of people like to, they love the idea of connecting with beings and everything, but I would say the most important being you can connect to is your higher self. And if you connect with your higher self, your higher self will be able to help you have connection with other beings in ways that you simply aren't aware of. And for me, it's been the number one acceleration in my personal growth and journey.
JAN: David Clemens, a warm welcome to the Wisdom from North show. How are you?
DAVID: Hello, it's lovely to be here. Thank you for inviting me on.
JAN: Oh, I'm so excited to have you here. I mean, you have such an impressive background and your work is just so amazing. And I wish I had 20,000 hours with you, but we'll see how far we get. Now you are a former theoretical physicist and you have advanced degrees in mathematics and physics from Oxford and Cambridge and even a PhD in string theory.
And then also you've started to bridge science and spirituality, giving a metaphysical perspective on what's going on, what times we're living in. And I find that so amazing and you're such a great ambassador for it. And I cannot wait to dive deep today, but I'm curious. How do you feel that our conversation today might expand people's consciousness?
DAVID: Well it's interesting because whenever these sort of conversations flow, I find that there is because one of the main themes for me is heart-centered consciousness. And when you when you start speaking from there, the emanations just flow, the information, the concepts, the philosophy just flows.
And it extends itself in a way that is most beneficial and people can get all sorts of ahaas in their own ways from that. But it's making that sort of energetic emission available so that people can get their

ahaas in their own way because it will be different for everybody. No one ahaa is the same as anybody else's.
And you know, and it's wonderful because everyone is going through what the teams or the beings that I work with my high self, the Source Intelligence within me talk about puzzle pieces.
So everyone has come here with a unique set of puzzle pieces. They've come here to overcome. That could be elements of your own learning. It could be elements that you've offered to come here to transmute on behalf of the planet or conscious grid networks. Whole slews of things nested together, which given your past experiences, make you really, really adept at those particular puzzle pieces.
And that's what we're doing. And so everybody moves at different rates in different ways, goes through different things because of these unique puzzle piece sets that they designed into their life before they came in from the information that my teams have given me.
So in that way, when I do these sharings or I give information, these energies that emit.
And it's not just the concept of what I'm speaking, it's the energy that comes through with it. That's a very important thing to be aware of. And it will ping in certain ways to different people and it was, ah I'm just highlight something I'm going through right now or something. Oh I did that last week. I could really struggle. “Oh, I get it now” or something like that, but it really pings up the aha within you. That's the main thing.
And I always say this to people. It's not me doing it. It's your giving yourself the aha by having that moment of receptivity into information or energy that is coming your way. So that's the beauty of it. Definitely.
JAN: I love that. And I love what you said about puzzle pieces because I've always felt that our all of our lives are so crucial to the whole. Like if you weren't there, if I wasn't there, if everybody listening, watching were not here, everything would look different. Like we are crucial for the whole. Is that correct?
DAVID: Yes, I'd very much agree with that. And this is the thing we are doing. This is a team effort. No one is more prevalent than anyone else. We've selected particular puzzle pieces in this grand

puzzle piece set that we call Mission Earth, whatever you want to call it. What's got the ascension process that's going on right now.
And like I said, each puzzle piece set is a unique part or patch of this greater whole. And we each add pieces as we solve them. And as we solve these puzzle pieces, we literally ground in the conscious solutions into the Earth grids so that other people may make use of them. It's like a huge well of conscious upgrades. As it does it, everyone who's grounded into the Earth can access that energetic as well.
So that's why there is in a way this hundred monkey effect of rapid exponential acceleration. One puzzle piece added in adds a solution set for many other people that can simultaneously get that, then suddenly jump forward in theirs. And by doing that, they then add puzzle piece solutions and it goes bigger and bigger and bigger and bigger. That's the way I see it and I feel my team to show me.
JAN: When you speak about your team, I'm curious if you could share a little bit about this team. I've heard you have connected with the Pleiadians, the Arcturians who apparently have really advanced technology and even in their Earth being. So could you share a little bit about how you work with them?
DAVID: Yes, definitely. So, I know you wanted to discuss the remote viewing part, but we can do that in a little bit if you like. But I had this remote viewing experience and that really, and I did it just to see if it would work. I didn't know at the time if it would, but I had read these professional people who had been a part of these programs and they had phenomenal results.
So having done that myself, I then had kicked on this ability to what I now call remote perception. So it's a little bit different from remote viewing. In remote viewing, there are very specific protocols in place for gathering data and being very neutral about what you're observing, but remote perception is a little bit different in that it's not just data that you're collecting. You're having a bi-located visual experience. I know some remote viewers might say there's not much difference there.
But for me, having done remote viewing and having done this remote perception, there are some, there are differences in there where

you're not there to necessarily collect data or collect information. You're there to have a full extended experience both informationally and energetically as well in a very different range.
So anyway, so this technique that my high self, my teams help me cultivate, and yes, you are right. My first connectivity experience, if you like, was with the Pleiadians or my high self first and then the Pleiadians.
And I worked with a lot of healing with their information and guidance, what they were giving me for quite some time. And then the Arcturians introduced themselves and then they started helping me with technologies, innovations, ideas, concepts, those kind of things as well.
But essentially, this bi-location or remote perception involves going into a certain state and then allowing your high self to oversee it. That's very important. I think that's something which I've seen in a lot of people as a step they miss, which I think is a step I would always encourage people to do is to go through and via your highly, your high self oversee it.
Because your high self has a hundred thousand foot view of everything and knows you inside and out and knows energetically what in any given moment would be appropriate for you, what might be too much or what might be not what you're looking for right now and which beings are the best to offer that.
And so that's one of the crucial steps. It's this remote perception is a higher self overseen bi-location experience. So that's in one way how it differs from remote viewing, remote viewing, you're just going anywhere you want to go. But in remote perception, your higher self optimizes everything for you. It optimizes the interaction. It oversees everything and makes sure the energy exchange is exactly what you need.
So by doing that, I've had these experiences where I've had experiences with these beings, the Arcturians, the Pleiadians and other beings as well. Some of them have explained to me that they have come from beyond this this galaxy from other galaxies, there's huge numbers of beings who are watching Project Earth right now because of the impact that it's having. It's massive.

And then also there's the Inner Earth beings and I've had some pretty cool experiences with them as well in the earlier days when I first started learning this remote perception. I'd go down into realms and meet these beautiful, beautiful beings that were just like us, usually long brown or long blonde hair.
And one of my first experience was going down into this massive cavernous opening in the Earth and the cavern was so large. And there were cloudy mists that looked like it had its own ecosystem there. And it was so large. You couldn't see one end to the other. It was like a world within a world in a way. Their whole civilization, their dwellings, I wouldn't call it a city because city sounds very much like a human yucky kind of concrete monstrosity. It's not like that at all. These were crystalline formations that they live in and their whole civilization sort of dwells in, meets in. You could call it a crystalline formation city if you like, but it's, like I said, city to me has a little bit of a connotation to it.
So it doesn't feel quite right. But it was a big, a big settlement there. And there was a sort of effervescent glow to everything, the rocks, the grass, everything had this. And what I've come to now know from my teams is that there is this change of state in matter itself where matter becomes luminescent. When energetics rise and that's the same when you look through texts in the past and hear about these beings that appear to luminesse and literally their bodies were glowing.
And to me, what my teams have described to me is the energetic physics changes of matter itself. And so there appears to be a sort of glow that comes from them as the vibrational state of the matter changes in accordance with consciousness. So anyway, this is what I observed in these cabins.
And then jumping forward a bit through other different experiences. I had this recent experience with Inner Earth beings that were very, very close to the core of the Earth and the way they described it, they had been a surface dwelling civilization about 400,000 years ago. Some of their civilization decided to leave and explore go off planet and explore. Some of them stayed on the surface and others decided to come into the innards of the Earth and live there.

And they found that there is a core intelligence at the center of the Earth that is a very powerful emanation of light intelligence. And some of them wanted to get closer and closer and you have to be very evolved. They say that the closer you get, the more evolved you have to be to order to exist in the environment of the high energy as you get closer and closer to the core.
And so those civilizations that are close to the core are very, very evolved beings and the ones that I met doing this sort of bi-location exercise are just incredibly beautiful. Like the word I could only conjure to describe them is they were sort of guardians of sort of protectors and they work with this energetic of the core of the Earth. So yes, and they're looking to reach out to people.
And I think that they describe a time that's coming in our near future where they're going to start introducing themselves and make their presence known more and more to humanity.
And they've already started doing that and many people have started having sort of experiences either in meditation or in dream time where they've had contact with these beings and they reach out that way first to make the introduction light and just to get you used to the idea, see how you stand.
Are you okay with this? If you're not, they'll back away and you know, they're very honoring of that. That's the main thing. So yes, that's a very quick overview of the question that you asked, each one is a big conversation of itself.
JAN: I know. I have a million questions right there. So do they then exist in another realm or in another dimension? Because obviously this is not what we've been taught in school that we have Inner Earth beings inside of Earth.
DAVID: Well it's interesting because my, my eyes, my I, whatever you want to call it has, has been open in a very different direction having been explained a lot of things by these beings about what, what is different to my training as a physicist of how things work and how they don't work, dimensions being one of them.
So in physics, dimensionality is just orthogonal coordinate systems where you can plot a point of an event or an object happening within a space. So three dimensions is x, y, and z a fourth dimension might

be time, but you can't see that because we see things in three dimensions.
And so in string theory the theories operate in multiple dimensions depending on the type of string theory you're talking about. And they describe rolling and compactifying them up into small circles or toroids that are sort of sub dimensions within the greater space. But that's not really how the dimensionality is explained from these teams. Dimensionality is in fact a frequency based system of perception.
So there are certain bands like a radio when you tune on those old style radios and you go up and down and you get one station, you get another. It's very similar to that that if you're tuned to one radio station, now you have resonance with that frequency. Now you can hear all the information that is flowing through on that frequency, you have perception of what is coming through on that frequency.
So you can hear the DJ, you can hear the music, you have perception of it. And in a similar way, as human beings, we actually have quite a massive multi-level spread of perceptive ability.
But because of the experiences we've been through, it's been collapsed into such a fine narrow band of mainly physical perception, optical light perception, just what we're used to in the everyday world. People who meditate and develop their sensorial perception can sense greater levels and more expanded levels.
So as humanity moves and extends its vibrational range of perception, we start to become aware of events, consciousness and other energetics that are operating in different frequency bands or dimensions that are available there.
So coming back to your question when you talked about, are they operating in different dimensions? Yes, many of them are, but they're not dimensions in the way that we regularly think about them. It's all a question of vibrational perception. Can you elevate and get yourself into a centered state where you can make yourself available to be able to be in a perceptive state to higher energetics and therefore high dimensional, what I call physics or energy behavior at different frequency bands.

So that to me is,in a nutshell, dimensionality works. And this is what these beings do. And energy behavior or physics changes as you go in the bands. So the kind of physics or energy behavior they're used to is quite different from what we're used to down here. Energy works and operates differently.

Hence the glowing aspect, because matter itself begins to undergo transformation because instead of being a highly compactified, densified clump of what appears to be particulate conglomerates into atoms, molecules and so on and so forth. It changes its nature and behavior and it then gives off this type of light glow. Let's just call it that.

So it all changes and it behaves differently. New energetic behavior or physics opens up, which is not possible in what we perceive. And so they have access to all these wonderful things that are all based on conscious level and where you are, where you're resonating to essentially.

JAN: Fascinating. It seems like this is where we're headed that we're becoming more and more available for this. And I've heard you say that we have massive positive assistance and that so many eyes are on us. Like speaking of civilizations out there in the universe, they're looking at us right now. I'd love for you to share about that. Why is Earth so interesting for all these other civilizations?

DAVID: Yes, there are many reasons, but some of them, let's key in on a few. Let's just start with this is that our genetic lineage comes from master races. We have aspects of Pleiadian civilization, Arcturian civilization. There are master races that contributed from the information, as I understand it, to what we now see as the human form.

Now that combination of those master elements in one particular race is profound. Humans have been used to this idea that we're just these low level third density beings just bumbling around, just trying to make sense of things, not being aware of the true genetic lineage of what we really have and it's profound.

Now like anything, when you combine amazing elements into one, they don't just add the exponential, the exponentiated becomes a very powerful amplification of all those master elements together.

And so humanity as it as those elements become more active and let's say energetically online for a phrase of calling it, the accessibility to the energetics and abilities that come with those genetic elements, those field elements, whatever you want to call them, that combination plus the fact that humanity itself has a very powerful emotional and energetic capability formed together to form a new human form and experience that hasn't been that is just really off the charts. Let's put it that way.
So the human potential, and they said this many times, is so immense. What we can do, they are so excited to see where humanity is going to take this grand, and it is a grand experiment of human existence.
When people get used to the idea of thinking, oh human life is just the nine to five job getting of the day. Yes, you get a weekend to have a bit of rest and relaxation. This whole routine of human existence is kind of going to be really just washed to the side when people realize the extraordinary nature of what they really are underneath the hood, so to speak.
What's really going on down in the deeper levels of the human form and what the full capabilities and the full spread of capabilities will be. So and to give you some example, I mean, the Arcturians are a master race that have energetic innovations. I don't often like to use the word technology because it sounds like electronics or mechanics or something more of a human nature, but their conscious innovations are off the charts and they are revered.
As my information is throughout this galaxy, what they've done. We have elements of that within us and in our genetic makeup. But also the other reason is because specifically because of our human form, we have the ability to connect into the Source creator energetic so deeply and so profoundly as to have such a deep presence of that Source Intelligence within us, within a human body, which has never been done on this planet before like this. It's never been done achieved like this.
And I also feel there's something extra special that's going to happen because of the unique makeup and the mixture of our genetic lineage and the ability to connect into the core Source Intelligence and

literally be that very powerful living Source Intelligence within a human form, walking around and creating extraordinary things.
So there is so much in the way I see it in our near and long term future that is just simply profound and that they see all the possibilities. They see the lineage we have. They see our capability of connecting directly into Source. It is literally a synergy of fusion of just off the charts, things that are just really, really just amazing. There's just so few words to describe how awesome this is.
JAN: Wow. All right. So you spoke about the body. So what are our biggest misconceptions about the body?
DAVID: Well, one of the things is the way I see it and the way it's been explained to me is the human, the human vessel, let's call it, is this very, very powerful, beautifully designed, beautifully put together by these master race elements being so that to allow for a very high dimensional experience while sitting in a physical body.
And that's the gateway that is the human body in a sense. It's a vessel for that description as one way of seeing it. Now, because of our experience in being going down into these deep dark ages high density experience of this human experiment that we've been a part of, our energetic perception of that, the body, its makeup, our true nature as Source energetic beings, higher self-multidimensional Source energy stepped down in fields, down into a core that connects into the body and our perception of that has virtually just stopped. And then humanity has gotten used to this false idea that we're just material. We're just a bunch of molecular nuts and bolts we're just electro-mechanical, biological suit that has a brain that neurons fire and we think and we do all these things and that is, to me, that is so far from the truth. The human body suit is undergoing this evolutionary process in sync with what's happening in the core of us as well. It's a two level rising together and this is part of the ascension process.
And to me, what that means, because I know a lot of people talk about ascension in different ways, but for me, what ascension means is the deep core synergization with your higher dimensional self, your high vibrational energetic self, your core Source self.

And infusing that into the body and your body then up raises, expands its perceptibility, starts opening up in ways that is previously been dormant. And now you start to move towards a human experience where you're very conscious of a multi-dimensional level spread of energetic.
So you can see in whole different levels while having a physical human experience at the same time. The human body is a powerful and yet very much untapped into transducer, transceiver and emitter of energy. So we receive energy, we can transmit energy, we can transform energy. And we are creators of a very, very powerful level that is just mostly dormant right now.
But it is coming back on and what the team has described to me is the more that you just simply connect into the core, connect into your higher self, the Source Intelligence within and let that energy infuse and uplift and cleanse and clear you, the more you're going to move into that synergy quicker and quicker and quicker. And it's you, the real you, you're moving into synergy with, it's the core of you, which is the beautiful thing.
So that's also in the camp of thinking of self-empowerment because it is by its very nature, self-empowerment, you are self-energizing, you are self-bridging, self-connecting and becoming the very core of who you are in a human body. So I hope that kind of helps your question.
JAN: Yes, and then I get curious. You did mention it, that there's a part there where we need to do something. At the same time, I sort of understand that we're being helped, that it's actually happening, that we're being assisted.
But how do they go together? How much do I need to do and how much is it just happening on its own? Is it like that when I do focus on this consciously, I practice meditation and go into the heart, it happens faster for me and for those who do not focus on it, it will sort of gradually just happen by itself?
DAVID: Yes, exactly. And that's a very good way of looking at it because there are massive environmental energetics coming in which the teams have talked about. There are huge influxes of energies coming from the sun, massive CMEs or Coronal Mass Ejections are happening as we speak. There's a whole slew of things, of how

everything is coming together, but Source energetics absolutely unequivocally respects free will.
So if you choose to block it or deny it, it won't take effect. So most people walking around who are not actively choosing and using their free will to open up, to allow themselves to move forward faster, they go at a slower rate because they're only going at the rate that by their own free will, they're deciding that they wish to move., so that's a big part of the process, your choice to really engage in the core of you and let it go forward, let it come through, let it infuse you, is going to jump you forward leaps and bounds.
But it is our free will choice because free will is by light purposes, is never violated. These powerful light beings they technically people say, why don't they just come in and do this and do that? They say, well, they can't jump your free will.
If you are choosing on some level, even that you're unaware of, to not let a process happen, they will not override that and it's upon us to take the journey to discover how we are choosing to not let what we want to happen.
That's a big thing because that can involve going into the unconscious aspects, subconscious, deep emotional stuff, energetic stuff that we don't want to look at. That's a big part of it because some of it can be extraordinarily yucky and just awful to go there. I've been through many processes and I know everyone listening has had a taste of this in one form or another.
But my teams have said the more that you can just be at peace with the allowance and then just peacefully choose in your own free will, yes, okay, *I do wish to move beyond this. I'm ready to move beyond this.*
Okay, my high self begin the breaking down process, wash it away and replace it with my high self, Love Light Intelligence and I find that simple process just moves me forward just so quickly and within minutes major archetypal issues are just gone. That's it. And now it's just washed.
So working with your high, and this is a key thing that I found for myself in many areas of spiritual development. The notion of the highest self is for me with the work I've gone through. I always

recommend just get that deep connection, that relationship with your higher self is a really big must in my view.
And that's just my recommendation that you can, it's your life, your path, you can do whatever you like. But for me, I've found that the real super acceleration forward comes from a very deep relationship with your high self, working with your higher self, your inner, your core, because it's your core intelligence.
It knows you inside and out, upside and down. It knows every nook and cranny, it knows everything you've come here to work on and all the hidden areas that you've yet to see or don't want to see, and it will help you go through them very gracefully and effortlessly if you allow that to happen.
JAN: I like that idea that my higher self knows everything about me. It feels like this loving mother. I'd love to go into that how we could actively more propel this process forward. But before that, I've heard you say that all systems are falling down and all energy that has been stuck for millennia is being cleared out. And I wanted to ask you, so is that the assistance we're receiving and is this happening through also the chaos we're experiencing now globally on the planet?
DAVID: Yes, well, the way to see that is that as creator beings, we have the ability to sculpt what we perceive outside ourselves by the emissions that we give off.
So consider a cinema projector screen so you're sitting in the cinema, pure light gets projected through the film, gets filtered, and then ends up on the screen as what you see as the image that is projected through the layers of filtration you call the film itself.
Now, in an analogous way, all of our different energies from fears, traumas hidden stuff, all of those are filters that the energy trickles through reshapes itself. And then that's the net emission we give off and our reality reflects that identically.
So when people talk about oh, why does this person, why do I keep bumping into people, he keeps doing this all the time, it just keeps happening. It's because deep inside, my teams have said is that you have an unobserved energetics sent to you that constantly filter, emit and basically color your emissions to request those experience constantly. It reshapes your, your perception, what you feel of your

perception outside of you to keep pulling in people of that type of character or all those events.
And the second you clear those energetics and stop that recoloration that filtration of your emission, now you're emitting a different energy, you're not requesting that person event or whatever it is that you're previously doing anymore. That's shut down. You're now you're now requesting reality morph itself in a different way. Now it's a different emission that you're giving off.
And so that is the in a very sort of simplistic way how it's been described to me, how humanity generates its reflective reality or what we perceive outside of us. And the people we attract to us as well, because and the old adage that people say, oh, “Everyone's a teacher to you”. Well, that's because you've requested them and you may not know how you've done it, but energetically you are constantly requesting your reality to be exactly as it is.
So now the question becomes, what energy do I have that I don't know of yet that is requesting these experiences I no longer wish to have. So then you can go and ask your higher self. Okay, where are the energies in me that are causing this request, this emanation to request this experience?
And I'd like to be clear that I'd like them to be swapped out, changed out for more of my high self true intelligence, so I can now have better experiences that are more in alignment with my high self, now with my true self, my core self.
And the assistance we're getting is the help once we make that decision to really go forward with that. So that the intelligent assistance we're getting waits for us to make those choices.
And then once we're ready to accept our higher self, you can let your high self bring in certain other beings who can specialize in different things that will really accelerate that movement forward in alignment with the request that you've made to make that change. And so that's one form of help to answer your question, but environmentally as well, there's a lot of high energetics that are coming in that are lifting up this crud from the Earth's inner layers that have been stuck there because of humanity's experience because as we emit energy,

particularly if we're emitting energetics of fear or trauma or hate or anger, that goes out into the environment.
And over lifetime after lifetime, millennia of millennia, all that stuff has gotten stuck in layers of the Earth grids, the Earth body itself, the Earth material. And as these very powerful light energetics, because it's not just us as getting assistance, it's the intelligence of the planet as well. We're all in this as a team.
So as that's happening, all that old ancient crud or rubbish, whatever you want to call it, is being lifted out. But as it comes out, like a cinema screen, that film is going to pass the light temporarily, you're going to see it projected on the screen just as it's passing out. And so it will play itself out momentarily as it's being lifted off.
So that's what we see happening right now. We're seeing the outplay of an old energy leaving and as it's departing we see the results of that. And so this is a very, I know it doesn't look very pretty and it's not very nice, but it is actually a very positive thing because old energies that have been stuck down there for goodness knows how long are finally coming out and releasing both the Earth intelligence and human intelligence and all forms of intelligence that are in the Earth are being freed from these massively debilitating and densifying energetics that have been stuck there for a long time. So this is a freeing process for sure.
JAN: That is such an interesting perspective. I've never heard it explained in that way. That really made sense. And do you think that we will experience this new way of being this stepping into a grander version of ourselves like also multidimensionally? Will that be experienced in our lifetime? And also why do you think it's happening right now? I feel so fortunate lucky to be alive right now.
DAVID: Yes, the teams have said a number of times that we have front row seat tickets to the greatest event that's taken place on planet Earth. This really is quite something. I mean, I really can't overemphasize that what we're going through, a planetary ascension process with the Earth like this has never taken place before from the information that they've told me.
So this is colossal. This is a big, big deal. This is not just oh yes, this is just a little lifetime. This is big. And yes, to answer your question, if

you are willing to go within and practice the connectivity the inner connection with your higher self is the most profound, the most powerful, the most beautiful, the most essential for me, and my experience has been the most essential way forward. I know a lot of people love the idea of connecting with beings and everything, but I would say the most important being you can connect to is your higher self.

And if you connect with your high self, undergo that relationship, that synergization with your core high self, your high self will be able to help you have connection with other beings in ways that you simply aren't aware of the richness, the enrichment you get by working with your high self in that way is just truly profound. There's not enough that I can I can say about that.

And for me has been the number one acceleration in my personal growth and journey in that way. And I always say to nothing takes place of your higher self. You might love and it might be cool experience to connect with all these different beings, but they cannot replace your higher self. Your higher self is at that level, but it's you. It's the core of you.

And all the beings that I connect with, they all encourage that they would love humanity to see humanity, move into their core self and feel the energy, the energetic signature, the sensation, the feeling of that emanation of your core intelligence coming from your heart, the core center of you here.

And they've described that what humanity can move into is this core powerful intelligence that comes from the core center here in the heart center and the mind will elevate it, it will transform into a powerful, beautiful mind that is an extension of the core intelligence, not just flapping around by itself, doing its own thing.

Because when it has that inner bridge connection with your core self, it becomes a supermind. It becomes something far more powerful, far more reflective, far more able to create, to be impulsive with creative thoughts, unlike it can never do by itself.

There is this massive transformation that takes place in it, all the seat of it all, the core of it all is the core Source Love Intelligence, the higher self intelligence that comes within you. And that building that

relationship, building that foundation within your own experience in mind you is irreplaceable. It really is. Its absolute.

JAN: And for those who feel like, I don't understand how that would feel like, and I don't have that as an experience myself, and it just feels like words, maybe you can give an example of how you feel and experience this connection now versus how you perhaps were before.

Now, I don't know your full story, but obviously you've been studying a lot using your mind and your brain and going into theory, also with colleagues that maybe were not so open minded. So maybe that influenced you. So do you feel like a shift in your beingness after connecting with the higher self? And sort of could you explain the difference of those being in essence?

DAVID: Yes, let me start here, actually, for anyone who wants to have a physical look at the difference between how I was before I really started connecting with my high self. And now I have a video up on my website, which is a documentary I took part in called *Energy from the Vacuum.*

And I was super head-centered then and my mind was on fire. It was all everything was mental. And if you look at me then energetically and just perceptibility, my behavior, how I was then to now. You'll see a big, big difference and the first connectivity I had with my high self was quite a profound experience.

And I did a course called Pleiadian Lightwork, which I'm not even sure is still a course that people can do. This was maybe about 20, 22 years ago, I think something like that is quite a while ago.

And so I did this course and I was kind of like, okay, I'm not sure what it's supposed to be doing. What are we doing again? It's like I sat down and said, okay, now you're going to connect with your high self and everything. So I thought, “Okay, well, I'll just see what happens.” And this powerful presence came in and the field expansion, the sensorial expansion with like this, it really opened up. And I thought, “Whoa, okay, right, there is definitely something here going on.” And there was a lady in the room who we were working in pairs. And she was quite sensitive at the time, because she'd been doing this for a number of years before me.

And she said, “The presence that came in you when you anchored your high self was, it just, it felt like the whole room was just being pushed back with energy in a sense.” And it happens for different people in different reasons. So don't be troubled if that doesn't happen to you, because it's not meant to happen in that way.
Your high self will know exactly the right way, the right level, and the right approach to sometimes it's a much softer way. Because I think for me, because I was so mental, and I was so adamant that everything was just something to be understood or mentalized, I had to have an experience that really did rattle my cage to show me “Look, David it's not all mental that's just one aspect of experience and it's not the bigger part of experience. So let us give you an experience of that so that you can understand the contrast.”
So you'll always say to people, don't, don't compare yourself to anybody else, because your experience will be designed by your high self specifically for you in the right way for you. It might be soft and gentle, it might be a slightly longer process, it might be short, wallop right in your face, like here I am finally could be a range of things. And so it could be, so the very simple thing that you can do that the teams have introduced is something called rhythmic breathing. Now, rhythmic breathing is a breathing which is what they call the rhythmic breath, and they describe it as it's as fast or slow, as deep or as shallow, that brings the optimum relaxation and sense of joy inside you. It's a sweet spot.
And so it's not this big deep blade, but no, it's not like that. If you find yourself doing that, you've moved away from the rhythmic breath sweet spot.
So you have to play with it, go a little bit faster, a little bit slower, a little bit deeper, a little bit shallower, you play around with it, and you'll go, oh, I got it, there it is. I feel it now, there's the sweet spot. Because that, that is the, that's the level of energetic breathing that at this moment, and it will change because it's dynamic, it won't stay the same, it changes as you change.
And in that moment, you are the most receptive breath-wise to receiving the energetics of your higher self. And then you can ask your higher self to infuse you with your higher self at core intelligence

your soul energetics. And you can literally like a sponge when you in breath, it's like you were like charging with or filling or saturating with your higher self energetic, and you could just keep doing this and doing this, and then doing this until you feel, yes, I'm good, I can sit here, and you acclimate your sort of acclimating and becoming more in sync and synergizing as you do that with your higher self, and it will get stronger and deeper.

And as time moves forward, your perception, your ability to understand and feel your higher self communication will start coming on, it will start opening up. And that relationship, that bridge between you and your higher self through the core will start getting stronger, and it will just get bigger and bigger and bigger the more you do that. And then it will just start taking on a, its own nature and just flowing forward as it does. So yes, that's, that's a very simple way that people can, can do this and get started.

JAN: And is it important then to ask the question, ask for it to happen, and also to set an intention for it?

DAVID: Yes, because again, your higher self also respects your personality for your workers, don't forget as a human being, you have a personality as well. You have the ego and so even though you as a higher being have come into this suit, the suit itself has its own personality, which we call the human being ego, whatever you want to call it, not in a derogatory sense, it just has its own awareness as well.

And so your request to ask your higher self to invite your higher self to assist you, to help you to work with you is a very important step for sure. Now by doing that breath and just doing that, you will feel the energetics, but by really working very clearly with your higher self and giving intent to what it is you would like to have happen.

And the way that you would like, or if you would like to simply offer it to your higher self and let your higher self oversee the whole thing, you can do that as well. So absolutely. Yes.

JAN: And if potentially nothing happens, is there a deeper reason with that as well?

DAVID: Yes, that can be there's oftentimes one of the things that I have found from time to time, because I went through a stage before I

encountered my higher self of, and one of the sort of waking up things that happened to me is because I was in the process of writing up my PhD thesis, and I went out for a walk just to clear my hand. And there was a beautiful sunset that was just forming and it was strange at that moment, I suddenly realized I'm looking at this sunset. It's beautiful. It's picturesque. It's just gorgeous to look at, but I'm not feeling anything. I felt numb and that really just like, “Hang on a second. What has happened to me? Have I gone so far mental? I can't feel anything anymore.“

And so as somebody who's now very sensitive energetically, and I always was, as a child, there is a grip that we can put on ourselves a tension grip, a grip of sort of got to defend myself, I've got to go out in the world or something like that. There is a kind of self grip, and particularly when things come up that feel quite unsettling, we, we say, “Oh, God, push that back down.”

That's the natural human thing, I've done that many times. Now, our desensitization to energetics is, from what my teams have told me, my high self is largely due to the self grip we impose on ourselves and when we grip, we contract, and we contract, energies don't flow, when they don't flow, you can't sense them anymore.

So there's a perceptibility drop that happens when you self-contract. But when you're relaxed, and you're suddenly open, suddenly, oh, the grip starts to come off, everything starts moving dynamically as it should do again.

Now you start to have perception of it. And if you think of the word *emotion*. Emotion, it's energy, motion, it's your ability to sense the motion of energies. And so in that way dynamic movement of energy is what we're perceiving. Sometimes it can be static, it could be still as well, but it's not truly static, it's still moving, it just appears to be still.

So yes, I would say that anyone who it doesn't, because I've had a lot of people ask me,

“I don't feel anything when I do these meditations, I do this, I do that, I just feel nothing.

And I said, well, one of the things that I found in my experiences is it's just work with your higher self to start clearing away the self gripping

blockages that you put in place, because sometimes we hold things in place in levels we don't even realize could be unconsciously could be subconsciously, you're not consciously aware of them.
And the way the teams have described the dynamic between the unconscious and the conscious is that the unconscious is like the dumping ground of everything we do not want to own and acknowledge. It's just everything we want to push down through in a way, we don't want to see that, don't want to deal with it, put that into the unconscious essentially.
And so that sits there and it still plays a part quite big in your reality. And that's where a lot of people don't realize how they keep requesting things, annoying things that really irritate them in their lives.
Well, a lot of that's coming from your unconscious emissions, because it's still emitting, it's still requesting, it's still requesting x, y, and z and sculpting your reality. But we're not conscious of it. So we don't therefore see how we are doing it.
It just appears to be an irritation that keeps coming and keeps coming. And so that's what's happening. We are dissolving the unconscious and we're becoming fully conscious. And so there is this transformation that is taking place where all this yuck that is coming up from the depths of the unconscious, everything that is hidden down, it's all coming up to be acknowledged and released, so that it can be replaced with the conscious perception of us as high self beings in a human suit.
JAN: Makes sense. And I also, from my perspective, it feels like why this is also happening now is because also we could see what's going on in the world. Like everything that was happening before, we didn't have internet, we weren't connected in the same way, we didn't know what was going on, and now everything is coming up and we're like, oh, that's what's going on. And we're using our awareness, we're becoming more aware, and what we are aware of, we could also change.
DAVID: Yes, exactly,.go ahead. You're going to say something.
JAN: Yes, it was very helpful that you addressed it, because I think there are many out there was like, I'm trying my best to do it, because

it's nothing happens. I've been there myself, but fortunately, I've had some experiences, some spiritual experiences that have really verified that what my guests are saying, like yourself, there's something in it. I want to jump a little bit over to your team. Have they said anything about open contact? I know my audience and myself are interested in that.

DAVID: Yes, actually, I'm delighted you asked that question, and I get asked that a lot from various different people. And so what the team, let me give you an example of experiences I've had, and then follow on with it with an answer to your question from there.

So whenever I bi-locate, I go to being sort of very, very high energy. Their energy is quite sufficiently high that even bi-locating there, having that energy raised to that level starts to lift stuff up within you. And so they say you can only spend a certain amount of time here in a bi-located state before you have to go back.

And I've had some experiences where I wasn't feeling so great, and I wanted to have an experience and they said, “No, no, no, you really need to sit there and just let it be. because if you come up, even more is going to come up behind that, and you can overwhelm yourself even more.”

And so there is this aspect of meeting part way with the energies of this contact experience. So it's not just a case of, wahoo, they all come down and we just have this amazing experience. What they're looking for us to do is become more aware because they said that if you are in the presence of a high energy being physically, your stuff is going to come up quite quickly. Because the high energy that you are now in a high energy beings field, and that field is pushing your, the low energy gives way to high energy. That's the way everything reality is set up. High energy always takes precedence over low energy. By beautiful design, it has to be that way.

So the low energy doesn't have a chance to be held there unless you specifically hold it in place. And so there is an acclimation process of getting used to the idea of allowing energy to come up and being in the place where you cannot react, but respond intelligently to when things do come up, so it doesn't bowl you down.

Okay. So that's one of the big things. So they're kind of waiting for a threshold. So I know a lot of people, they've said very specifically, there's no predictable dates. They did that's not how it works. So when people come on and claim that's going to come up this day and this day, a little pinch of soul on that one.

The way it's been described to me is, and I don't mean this disrespectfully, I mean, very light heartedly, is that they're waiting for a certain threshold of energy receptability and energy responsibility within the human race before it's appropriate to come forward in a more forward sense. And they've been very clear that is going to happen. There's no question about it. Now what they're waiting for is humanity to do its part and meet halfway, so there's not such a gap between the energy synergization, if you like, so that when we do meet, it's a beautiful experience, not a bowling over."

"Oh my God, all my stuff is just shot to the surface" experience because it's got to be beautiful positive one, it's got to be uplifting, but humanity is going through the ropes of learning to be response able, responsible. In other words, you are able to respond, not react to stuff that comes up so that you can deal with it intelligently, not get flocked to the floor with it, which tends to happen from time to time.

And you see out in the world, there's a lot of reactivity going on at the moment, and a lot of people, they just, you say one word off and they just fly off the handle with all sorts of things. I can see by your face that you have experience of this too. It's crazy, isn't it? And it's like, well, if you just calm down and just relax and now respond rather than react, you'll see that you're actually getting a very beautiful lesson here, and it's going to help you move forward if you're able to intelligently let go of what is coming up and causing you to spark and go into fireball state.

And so this is that the peace and grace of these beings is so enormous when you go there. They have seen all of the yucky things, all of the awful things that have gone on, on this planet, and they're at peace with it. They don't react, they don't get angry and start going, right, sort this out. That's not how they work. They work in a very intelligent, responsive way, not a reactive way.

And this is a very big message I feel they want to give to humanity is that humanity really needs to learn to be more peaceful inside, more responsible, and you know, really let go of the reactivity and the triggeredness. Because once you move into that state, you can be in a high energy beings presence, your stuff will come up, and they will probably even help you move through it quite quickly.

But if you're going to go into reaction and you're going to drop down, that's not going to be so helpful to you. And that's why a lot of times they, like the inert beings, they will approach you. Sometimes in meditation, you might get a sensation or in dream time. If you start reacting or start getting a bit triggered or reactive, they'll back away. They'll wait for you to be ready because it's one of the major components of human development right now that they're observing and watching and offering help where they can to help humanity move beyond being in the triggered sort of ballistic state of being a fireball whenever somebody says this word or that word or whatever it is. It's, can you be in a peaceful state where you are always in your sovereignty, you're always in your sense of power, and nothing can trigger you. Nothing can make you react. You will respond to everything intelligently. It's a very, very different realm of being.

So that is what they're looking for people to develop more. And I can feel my high self saying they have reached out their hand to humanity to now do the same and learn intelligent responsibility. Then the contact you're looking for will take place.

JAN: I would like to jump over to something completely different. AI. So there is this conversation going on in the spiritual community in Norway right now. So I'm curious about your perspective, whether you think it is possible for higher evolved beings or spirits to communicate with us, for instance, through such clarity, and if it's wise to do so or not.

DAVID: Sure. And I'd be happy to give it. So the way I see it is that our ability to connect with Source Intelligence multi-dimensional all the way through is because we have what we'll call the heart field intelligence system. Okay. It's non-material. It's non-matter-based. And it is unique. It's something which we as creative beings have.

You can't technologically create it. You can't technologically mimic it. It's not possible. It simply isn't.
Technology is material based only and it reaches a limit where it goes to a certain point and it can't go any further. Now, yes, this has been a massive point of contention and I, for myself, stay well away from what I call the Absence of Intelligence.
And if you take the first two letters of that, you'll know what I'm talking about. And that is because there is also a lot of other things going on and people using it to try and steer humanity away from core intelligence and core connectivity into a dependence on technology. So there is that aspect as well. But what I would say is that ultimately, it's funny in a way as a funny little analogy that to me, the Absence of Intelligence movement is really the fascination of people who have come over intellectualized. And they're in a way missing the point, which is the core intelligence. Your mind is a beautiful tool, a beautiful instrument, but if it operates in its own domain in its own way and just starts to do its own thing, it can inherently become quite destructive in a way, because it's not guided or impulse by the pure creative benevolent intelligence that comes from your core.
And I've found that in my own experience that it can be really, everything's just mental, mental, mental, mental. But when you connect with your core and you have your mind operate from that core intelligence, suddenly all your thoughts become very coherent. They become impulse with powerful ideas that were never present without that core connectivity. I have ideas that are so far out of the realm of normal thinking because they are impulsed by the creator intelligence from the core.
And the mind itself is an experiential amalgamator. Let me explain what I mean by that. What the mind does, if it operates by itself, it takes past experience, molders it together, links thoughts together, and that's what we call thinking, thought linking. But the thoughts are impulse from previous experience.
So all you're doing is cycling through combinations of different thoughts from past experiences. You're not actually generating anything new. As new as it may appear, you're just doing a big cyclic combination experience. It's combinatorics. You can have a big group

of numbers and you can mix them up in all different ways and have a whole different slew of combinations. But you're still confined to the same number set you already started with.
And this is why one of the reasons why humanity has gone through these constant recycling processes and nothing new seems to change because of over mental dependence.
Now when the mind operates as an extension of the core intelligence, *now* you're introducing pure creativity and something that is genuinely new, not just a combination of all experiences.
And what I call Absence of Intelligence really is because it's a material mimicry, technological mimicry of intelligence. It is purely just an amalgamator of information, it emulses information together and it permutes information, but it does not create new information. It takes what is existing there, amalgamates it around and just gives out something which appears to be new. But it's material based ultimately and it has no connectivity with Source Intelligence because it's purely a structural system in a way.
So I'm completely out of that canvas for sure and being a mathematician, theoretical physicist and an inventor myself, even though I use certain aspects of technologies such as I use programs, there's lots of useful things that technology can do, but technology does not replace under any circumstances your core connectivity which can only take place through you. It's not an external thing and it can never be.
That's a big, to me that's a real red flag. When anybody talks about, oh no yes, to connect to the Source, you need something outside of you, rubbish, utter, rubbish. I can't say that strong enough. Your core connectivity happens within you and by you. No exceptions, period. Because that's what it is. Ascension is an internal process. It's got nothing to do with anything outside. It's a relationship you have with your Source Intelligence within and it's your gift. It's your choice to do how you wish with it and it's got nothing to do with anything outside. It certainly has nothing to do with technology at all. So yes, that would be my it would be my take on it for sure.
JAN: Thank you. Okay, so just so I understand your perspective, so you would say that I could channel, for instance, a higher being by

closing my eyes perhaps or not closing my eyes or do automatic writing and connect in that way, but the higher beings, they would not go through technology and connect with me that way.

DAVID: No, I've never, in talking with my teams and high self, that has not even been a suggestion they have ever suggested. And we're talking about beings that are so highly evolved in their in a human sense, their technological innovations. I mean, the Arcturians have innovations that are so far beyond human imagination and perceptibility, they are just awe-inspiring to even to other beings around this galaxy. They have never ever talked about what I call the Absence of Intelligence of being in any aspect of this whatsoever. They don't use it. They don't need it.

And in fact, some of the civilizations that have talked about it have said in the past, they dabbled in it and it went tragically wrong and they ended up with massive conflicts and there were huge problems that were eventually settled and they learned and in one race's beings, said, we have now learned to put such silliness behind us, because they realized the hard way that Source Intelligence is within you, you need nothing outside of you. It's nothing external. It's purely internal and only you can access it and you have to make the choice to do so.

That's as complicated as it gets. That's it. That's the access we have and it's of no dependence on anyone outside of you, no matter who they are. And I always say to people, don't just listen to my words, have the connection within yourself. I'm just telling you as an external being what my experience has been. But it's very important for you to have your own because it is your own. It is unique. No one else can have your experience for you.

And I always sort of laugh this analogy like it's like somebody comes up to you and says, hey, what are you fancy going up to that beautiful mountain going up to the vista and having this wonderful experience of what it's like to be at the top?

So you get two people person one says, yes, I'm going to have a beautiful experience. I'm going to I know it's going to be I'm going to have to climb some rocks and have to do this. But I have this amazing experience and I will have that experience.

Person B says, well, I'm going to invent synthetic mimicry of intelligence and I'm going to have it walk up there and do that for me and tell it what it was like when it comes down.
You have gained nothing experientially from that at all. It hasn't done anything for you because it's not an internal experience and it's an external one and it's an technological mimicry at that.
You as a human being have faculties that no machine, no technology can or will ever have. You have multi-dimensional sensorial perception. Machines don't have that.
There's so many things that I could go on and on about.
This is another thing that the teams have said that as an energy receiver, transmitter and transducer, when the human body is fully operating, your ability to work with energies will be far beyond any of the most powerful data processing computers that can ever be imagined. That is how powerful one human body will be.
Your ability to perceive energetically, not just in your immediate experience, but just all over the place, expansively, galactically, intergalactically will be off the charts. No technology can do that. It simply can't, but a human being can. But in order to get there, you got to open up within yourself and only you can do that. Nothing external can do it for you or should ever do it for you.
And I would urge anyone to really seriously consider what it is they want to do with their essential experience because essential experience is internal. It's got nothing to do with anything outside of you. So if you want to gain access to these profound legendary things that are sitting and waiting in dormant inside you, then you have to go inside and only you can do that yourself.
JAN: I think that's a beautiful way of wrapping up this episode. And well, I have to ask this one question because it feels important. And then I'll ask the questions I ask everybody, but you've talked about joy, that the importance of opening up to joy in our lives. And I find that so important. So how do you open up to joy in your life?
DAVID: It's really, because I do have times when I get a little bit too overly serious about things. When I'm doing my research, it's sometimes quite easy to get into serious research mode and you call myself.

So what I find is the more playful that you can be, be jokey, be light-hearted, practice just goofing around. People sometimes think of these high-mighty beings like the evolved Arcturians or the Pleiadians or the Syrians.
My experience of them is they're actually very jokey people. They play around a lot. They're not, like, oh, it's not like that. They poke jokes all the time and they even, they even quite funny when you're going through stuff. I was, I had something come up yesterday and could feel them here and they were very jokey about it, even though I was feeling quite sort of stuck up in something.
And it really is to say they're saying that the more light-hearted and playful you can be with everything, the faster you will move, because that has the most rhythmic, open and dynamic way you can be with your core intelligence, because it itself is pure playfulness.
It's the explorative child intelligence that is beyond anything that an adult intelligence can possibly understand. It's funny how we always think about adult intelligence as being, oh, yes, we are, we are the, we are the evolved ones and, but children have this open receptivity and level of intelligence that is way beyond what our adult contracted version of intelligence is.
And so I would just say that it's very simple. If you catch yourself being too serious, just put your pen down, whatever you're doing, go have some fun, goof around for a minute, do something stupid.
That's, that's kind of what I like doing. So to keep it a lot harder than fun it's, because it should, this whole process should never be serious.
And I always have this phrase that serious is seriously outdated.
JAN: Oh, I love that. David, it has been such a joy having you on the show. And my final questions that I ask everyone, the first one is what is self love to you, David?
DAVID: Interesting. Okay. Well love to me is a word that we use, but what it points to is the essence of the creator energetic itself. And self love to me is literally simply being present in that Source Love Intelligence.
And one of the many things it gets in the way is guilt programming, shame programming, you're not good enough programming, self

value programming, all falsities that we have either been instilled because of listening to other people who are the same, or things that we put in place ourselves as well and self love, an act of self love is to keep you within that state.
And we talked about this before we started recording about when everybody's calling on you, always asking you for help and everything.
Well, being loving doesn't require you to drain yourself and just spill yourself all over the place to cater to other people's needs. Self love calls for you to keep yourself in that self, that love intelligence state within you and many times that will ask you to say, no, I'm sorry, I can't help.
Sometimes people have to take journeys within themselves, even though they'll ask for your help, it's more appropriate in a love intelligent way that they need to go through and learn this lesson in their own way.
And so whenever you find yourself being drained or being pulled, that's when I would say for my own experience, I just say, stop. I need to come back into my center again, regain my center, and ask myself from the love intelligence within, is it appropriate to help this person? Do I just need to say, well, I wish you well on your journey and hope you find the answers or whatever response that is, but it's got to be a love intelligence response. But always, and I feel that's what self love is, it's maintaining and keeping in that state of the love intelligence that you are.
And when you feel yourself being pulled away from that, stop, ask yourself, ask yourself, why? Why are you putting yourself because you feel guilty for not helping or doing XYZ? Do you feel ashamed? Those are the things you need to look at because those are not realistic energetics. Those are secondary invented energetics created out of experience that was out of alignment with that intelligence and they're lingering.
So you can let them go and move back into that state. So this is to me a quality of self love. It's not self love itself is quite a big and broad thing. But I say that's one aspect of it.

And it's whenever you feel yourself moving out of that state, just stop, bring yourself back in, even if it means saying no to somebody who's asking for your help, because sometimes the most love intelligent way to work with that person or not is to let them have their experience. Because sometimes people don't want to go experience, go through an experience they're meant to have in order to learn. That's another aspect of it.

So loving being loving in that way can often mean doing that. That's not a loving. That's a very high level of love intelligence that understands the higher good for that person and what they need and the high good of you as well. So it's always considering everything as a whole, definitely.

JAN: Powerful feels so expansive. Thank you so much. So conversation feels so expansive to me and so inspirational. And yes, so much wisdom there. Thank you so much, David. Where can you guide people if they want to learn more and connect with you, perhaps somehow?

DAVID: Sure. We have three websites, but two of them are somewhat connected to each other. So we have a Patreon site where the teams come through and the Infinite Source Intelligence brings through meditations and activations to help accelerate the inner journey that people have towards inner opening. That's on Patreon and that's Infinite Source Creations. If you just type that in on Patreon, it will take you there.

Most of the meditations on there are for free, but the personal activations we do ask for a subscription for to help support the channel. But the two very fundamental ones which are free are number 14 and number 15, which is to do with opening what's called the Sacred Heart Field Center and the Infinite Point Gateway, which is your direct connection with Source in the very center of that field system inside you. It's a living organic, intelligent living system.

So number 14 and 15, they're completely free. You can just jump on there and do that. The other website that we have is Infynergy. So ISEE-infynergy.com. And we have developed devices in working collaboration with the teams that I work with, energy devices to raise up the energetics environment and clear them of any energetics that

tend to bring things down or do with things they shouldn't be doing. Let's just put it that way.
So you can go and have a look at those if you feel drawn. But we do have a big waiting list. We have massive numbers of people faster than we can make them right now, but we are looking at ways to accelerate that production. So if you want to join the waiting list for those you can, but I always say to people, only get involved with this if you feel in your core to do. This isn't a mental game. This isn't like, oh, that sounds good. I want one of those. Because the teams have been very clear. They really want these in the hands of the people who are supposed to have them.
So this is a very important thing, a message I'd like to give to people as well. So just feel within yourself. If you feel genuinely drawn, then go right ahead, feel free. But otherwise, just enjoy the meditations if you want to. So yes.
JAN: Thank you so much, David, for coming to the show today and emanating so much love. And I really enjoyed this. Thank you so much for everything you're giving to the world.
DAVID: Oh, you're very welcome. And thank you to you as well for inviting me on. I've really enjoyed connecting with you. I've been looking forward to this for a while. And I hope to your audience that you have a beautiful day. And in whatever journey that you're walking through right now, you find the very best and the very best core connection and the way that you wish it to happen.
So yes, lots of love to you all.